

Psychiatry Referral List

Please call the number listed below to make an appointment with the appropriate doctor. It is the patient's responsibility to verify insurance participation. If your insurance requires a referral notify our office by phone or e-mail to llazenby@ppfred.com with the appointment date. **If 48 hour notification is not given referral may NOT be processed.** If therapist recommends medication our doctors can prescribe. Call to make an appointment if needed.

<p>Aquia Therapy & Counseling 305 Hanson Ave., Ste 170 Fredericksburg, VA 22401 (540) 361-4330 or</p> <p>365 Garrisonville Rd., Ste 113 Stafford, VA 22554 (540) 657-1228</p>	<p>Specializes in children, adolescents, ADHD, behavioral issues, anger management Linda Minor, LCSW Michelle Kozlowski, LPC, LMFT</p> <p>Bill Gay, MA, LPC, 12-19 years old Nadine Lupton, LCSW 5+ Lisa Lapier, LSCW 5+</p>
<p>Aracoma Smith and Christina Woods 713 Westwood Office Park Fredericksburg, VA 22408 (540) 361-1844</p>	<p>Children 5+ & adolescents. ADHD, behavioral issues, and behavioral problems. Aracoma Smith, LCSW Christina Woods, LCSW</p>
<p>Behavioral Health Care 312 Progress St., Ste.200 Fredericksburg, VA 22401 (540) 310-0797</p>	<p>Children, adolescents, testing & counseling Roy Jarnecke, Ph.D., LCP</p>
<p>Boulware, Valerie, MD, Inc. 6330 Five Mile Center Park, Ste. 400 Fredericksburg, VA 22407</p> <p>Dr. Boulware (540) 548-2960 Beverly Grove (540) 548-2284</p>	<p>Specializes in children, adolescents, ADHD, depression, anxiety, behavioral issues, anger and behavioral management</p> <p>Dr. Boulware only prescribes medicines Beverly Grove, LCSW counsels children</p>
<p>Catholic Charities 612 Lafayette Blvd., Ste. 50 Fredericksburg, VA 22401 (540) 371-1124</p>	<p>Children and adolescents</p>
<p>Center Point Health Specialist 3920 Plank Road, Ste. 120 Fredericksburg, VA (540) 242-4141</p>	<p>Evaluates for ADD, ADHD, Depression and will maintain medications. Does not counsel. Ruby Thomas, MD</p>
<p>Child and Adolescent Psychological Services 4607 Harrison Rd. Fredericksburg, VA 22408 (540) 898-7995</p>	<p>Long wait list but will make exceptions for emergency cases. Dr. William Lynch, PsyD</p>
<p>Jannon Holmes, LCSW</p>	<p>(540) 370-4596</p>

<p>Child and Family Counseling 13649 Office Place, Ste. 102 Woodbridge, VA 22192 (703) 670-5738</p>	<p>Counsels and prescribes medicines. Specializes in children, adolescents, ADHD, depression, and anxiety. Renee Burdette, MD</p>
<p>Fredericksburg Psychological Services 1119 Caroline Street Fredericksburg, VA 22401 (540) 371-2251</p>	<p>Children, adolescents, abuse issues, mood & anxiety disorders Alex Bory, Ph.D., LCP, ABPP Eric Swift</p>
<p>Mike Fray, Ph.D. 2636 Caroline Street Fredericksburg, VA 22401 (540) 899-7762</p>	<p>Children and adolescents</p>
<p>Insight Physicians 1701 fall Hill Avenue Fredericksburg, VA 22401 (540) 735-9897</p>	<p>Only prescribes medicines. Pediatric psychiatrist. Specializes in ADHD Dr. Ali Altahir</p>
<p>Karen Brown, LCSW 1320 Central Park Blvd. Fredericksburg, VA 22401 (540) 785-5759</p>	<p>Play therapy and child psychiatrist</p>
<p>Peak Mental Health Services Fredericksburg, VA (540) 907-4282</p>	<p>Prescribes medicines. Ages 12+ Dr. Frank</p>
<p>Psychiatric Assessment Services 2601 Princess Anne St. Ste. 101 Fredericksburg, VA 22401 (540) 368-3030</p>	<p>Provides psychological testing and therapy for children 4 years old and up. Does not prescribe medicines. June Wright-Good, Ph.D.</p>
<p>Mental Health Resources 412 Chatham Square Office Park Fredericksburg, VA 22405 (540) 899-9826</p>	<p>Children and adolescents. Roberta Price, MSW 4+ Tina Staik, Ph.D. 10+</p>
<p>Riverside Counseling 406 Chatham Square #201 Fredericksburg, VA 22405 (540) 373-1200</p>	<p>Children and adolescents. Teresa Weedon, LCSW 4+ Delise Dickard, LPC 10+ Dr. Heidi Donovan 10+</p>
<p>VCU Medical Center Richmond, VA (804) 828-3129 or (804) 828-2000 or toll free at: (800) 232-0901</p>	<p>Medical Psychiatry Services for children and adolescents. Accepts private and all state insurances</p>

<p>Rappahannock Community Services Board (RACSB) 600 Jackson St. Fredericksburg, VA 22401 (540) 373-6876</p>	<p>Accepts Medicaid. Counsels children and adolescents</p> <p>Dr. Young</p>
<p>SOULutions 1101 Caroline Street Fredericksburg, VA 22401 (540) 847-2876</p>	<p>Adolescents 13 and older. Specializes in substance abuse/addictions, children of alcoholics, self esteem, and abuse issues.</p> <p>Elaine Westcoat, LPC, LSATP</p>
<p>Jody Spafford, LPC 2217 Princess Anne St., Ste 106-1C Fredericksburg, VA 22401 (540) 371-1110</p>	<p>Children & adolescents</p>
<p>Snowden@Fredericksburg (540) 741-3900</p>	<p>Access patients and have them placed in appropriate place. Will admit if needed. Ages 5+</p>
<p>Stafford Family Counseling 11 Hope Road, Ste. 213 Stafford, VA 22554 (540) 658-0888</p>	<p>All Ages Psychological testing</p> <p>Dr. Kathryn Shaw, Ph.D.</p>
<p>Transformation Counseling 150 Old Greenwich Dr. Fredericksburg, VA 22408 (540) 898-6851</p>	<p>Adolescents 10+. Mental health, mood disorders, substance abuse</p> <p>Terry Cockrell, LPC, CSAC</p>
<p>Carol Westphal 3516 Plank Road, Suite 5-C Fredericksburg, VA 22407 (540) 786-3049</p>	<p>Children 4+ and adolescents. ADHD, family trauma, adoptions, behavioral issues.</p>
<p>Kids Helping Kids – through Hospice Support 1701 Fall Hill Avenue Fredericksburg, VA 22401 (540) 361-7071</p>	<p>FREE of charge. Especially beneficial after losing a loved one.</p>
<p>Virginia Smith, PhD, PLLC Suite 303B 380 Maple Ave, West Vienna, VA 22180 (703) 938-5234, #1</p>	<p>Clinical psychologist for children and teenagers. Assessment for learning disabilities, ADHD, emotional and behavior problems. Provides parent training to help manage behavior.</p>
<p>Stepping Stones Counseling and Therapy, PLLC 2217 Princess Anne Street Ste. 105-5 Fredericksburg, VA 22401 (540) 371-1006</p>	<p>Specializes with pediatrics</p> <p>Vicki McCarthy & Keely G. Turner Licensed Clinical Social Workers</p>

<p>New Hope Psychiatry, PLLC 3715 Latimers Knoll Court Suite 106 Fredericksburg, VA 22408 (540) 357-7101 www.newhopepsychiatry.com</p>	<p>Children 7+ and Adolescents. Specializes in ADHD evaluations. Cash pay at this time. May submit claims to insurance for reimbursement.</p> <p>Wayne Chang, M.D.</p>
<p>Cumberland Hospital for Children & Adolescents 9407 Cumberland Road New Kent, VA 23124 Toll Free (800) 368-3472 Noreine Filipkowski Admission Assessment Liaison</p>	<p>Unique Services for Medical & Behavioral Needs: Brain Injury patients, Neurobehavioral (ADD, ADHD, Autism and Mental retardation), Chronic Illness (Diabetes, Anorexia Nervosa, Bulimia, Obesity, Spina Bifida, Tourette's, Muscular Dystrophy, Sickle Cell Anemia and Spinal cord injuries), Residential (Cerebral Palsy, Crohn's Disease, Renal failure, Seizure disorders, Depression, & Developmental delay disorders), Group Home Residential Assistance.</p>
<p>Mental Health America of Fredericksburg 2217 Princess Anne Suite 219-1 Fredericksburg, VA 22401 540-371-2704 or toll free 800-684-MHAF mhafred@mhafred.org</p>	<p>FREE Community Programs & Services</p>
<p>Virginia Treatment Center for Children 515 North 10th Street P.O. Box 980489 Richmond, VA 23298-0489 (804) 828-3129</p>	<p>VTCC offers family focused inpatient and outpatient care. Inpatient programs include Acute Care and Evaluations. Outpatient programs include evaluations, family and individual therapy, and several specialty clinics. Specialty clinics include: Pediatric Mood Disorders, Developmental Disorders Assessment & Co-Occurring Disorders</p>
<p>COMPASS Providing Guidance to Youth & Families 10703 Spotsylvania Ave, Ste. 201 Fredericksburg, VA 22408 (540) 760-5708 SOON TO OFFER MOST INSURANCES</p>	<p>This service is an intensive in-home therapy service that specializes with children ages 4-18 with difficulties at school and/or home, grief or loss, neglect or abuse & offers Psych testing along with whole family counseling. Currently accepts straight MEDICAID</p>
<p>Liberty Point 1110 Montgomery Ave. Staunton, VA 24401 800-496-7941 540-213-0450 www.libertypointstaunton.com</p>	<p>Treatment center for children ages 13-17 with Axis I psychiatric diagnosis, and unmanageable behavioral symptoms which interfere with functioning.</p>

06/23/2011